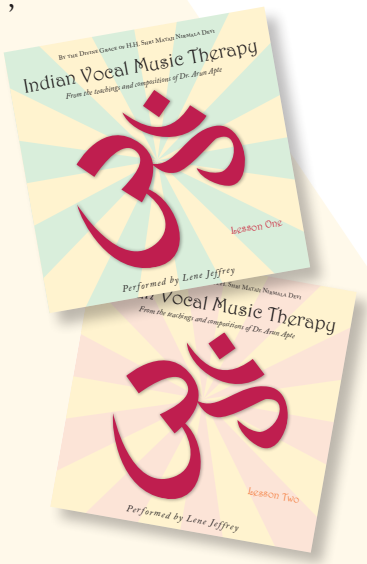
Solfege Music Therapy
15 Balfour Street Lindfield NSW 2070
Ph: 0417 281 831
solfege.com.au | lene@sol.com.au

Lene Jeffrey MA RMT

Curriculum Vitae

- Registered Music Therapist RMT (pending)
- Master of Arts in Music Therapy (MA), University of Technology, Sydney
- Awarded the '*Denise Grocke Award for excellence*' by the Australian Music Therapy Association 2012
- Speaker: Right 2 Childhood – http://www.right2childhood.com.au/speakers/
- Presenter: GenerationNext – youth mental health seminars – http://www.generationnext.com.au
- Sessional music therapy at Gibbons Street Special School Carlingford, NSW, 2012
- Instructor in Sahaja Yoga Meditation
- Vocalist with world music group 'Music of Joy' from 1988 – present; performances at numerous regional festival events such as: Winter Magic Festival Katoomba, Ganesha Festival in Helensburg, Floriade Canberra, Earthdance Sydney & Woodford Folk Festival and featured in the NSW Art Gallery exhibition, Dancing to the Flute. Overseas performances include seminars in New Zealand, India, Italy and the United States and a 2010 performance tour of South East Asia (China, Malaysia, Vietnam, Thailand, Cambodia and Laos)
- Guest soloist (soprano) with Strathfield Symphony Orchestra
- Presented weekly meditation classes for detainees at Villawood Detention Centre 2003
- Research assistant at ADHD Meditation Clinic, Natural Therapies Unit, Royal Hospital for Women 2002
- Overseas study – Hindustani Classical Music at 'Shri P.K. Salve Music Academy', Mumbai, 2003/04.
- Coursework in Indian Classical Vocal Music Therapy (Mumbai) with the late Dr. Arun Apte, 2004/05 & 2009/10.
- Course in Classical Carnatic Music, (South Indian style) Hyderabad 2006/07.
- Conducting vocal music therapy workshops in Sydney, Kuala Lumpur & Bangkok 2008